



Welcome to Parents as Teachers

You are your child's first and most influential teacher. But your baby was not born with directions! Parents as Teachers informs, supports, and encourages parents like you.

Parents as Teachers has a vision: that all children will grow and develop to reach their full potential.

You will partner with a parent educator focused on your child's healthy growth and development.

Together you will discuss your family's needs, concerns, and hopes. You will build on your parenting strengths and skills.

Parents as Teachers services focus on three different areas:

Parent-child interaction

Activities you will do with your child that help you observe and support his development.

Development-centered parenting

Discussing how your child's behavior and development relate

to topics like nutrition, discipline, and sleep; strengthening routines and problem solving.

Family well-being

Conversations about building a healthy and nurturing environment for everyone in your family.

Your parent educator is there to support you as you make decisions for your child and family.

Contact information

If questions come up between visits, or if you need to reschedule, you can contact your parent educator using this information.

(parent educator's name)

> **The best way to reach my parent educator is:**

> **The best time is:**

> **I would like my parent educator to contact me by:**

Thank you for letting us partner with you and your family!



PARENT *handout*

Parent educator responsibilities

As your partner I will:

1. Schedule a visit with you at a convenient time and place for each of us. This visit will last around one hour, usually in your home. It will include all the family members who would like to participate.
2. I will bring information about questions you have asked and information you have requested.
3. I will encourage and support you in your interactions with your child.
4. I will support you on your parenting journey.

Parent responsibilities

As your partner I will:

1. Share information about what my child has been doing and how my child played with the activities and ideas you gave me between visits.
2. Ask questions and follow up on ideas that you have given me to help my family.
3. I will be present and ready to participate at the agreed upon time by:
 - > Having the television turned off and cell phone put away.
 - > Gathering agreed-upon materials to use during our visit.
 - > Participating in the activity with my child.
4. Be my child's best, most influential teacher.